

## PRESS RELEASE

For more information, contact  
Tricia Quak  
Marketing Communications Manager  
Direct: +65-6812 6006  
Email: [tricia.quak@oakwood.com](mailto:tricia.quak@oakwood.com)

### Oakwood Premier OUE Singapore Promotes Healthful Lifestyle to Guests



**SINGAPORE – 20 December 2017** – Renowned for providing luxurious accommodation for corporate guests, Oakwood Premier OUE Singapore proactively helps busy executives achieve a work-life balance by offering a curated selection of quality health and fitness initiatives.

To promote wellbeing inside and out, an unlimited colorful salad bar is offered as part of the Executive

Set Lunch at the in-house restaurant Se7enth. Additional healthy eating options are offered as well. With a 24-hour fitness center, guests have the option to enjoy workout sessions around the clock.



To further expand the property's fitness offerings, Oakwood Premier OUE Singapore has collaborated with top-class fitness brands. The first partnership is with WorldTrainer, a global network of personal trainers that allows guests to access experienced personal trainers no matter which part of the world they are located. This ensures that their fitness regime is not disrupted by their frequent business travel.

Another partnership is with Aquaspin, who is providing dynamic water aerobics and aqua biking classes at the infinity pool, perfect for guests to enjoy the panoramic city view while resistance training against the cool water. Guests will gain convenient access to these classes held on-site at the property's outdoor infinity pool at a discounted fee.

Being situated within OUE Downtown and directly above the lifestyle mall Downtown Gallery, guests also have direct access to a diverse range of fitness and wellness brands. Favorable rates are available for classes at athletic based group fitness studio Haus Athletics or at fitness studio Wings To Wings.

On the efforts in promoting a healthy lifestyle at Oakwood Premier OUE Singapore, General Manager Roy Liang says, *"Many of our guests are frequently on the road and battle to maintain a healthy lifestyle amidst their busy schedules. By providing these convenient fitness collaborations right on our doorstep, we hope this will provide an extra incentive to help maintain their work-life balance."*

Oakwood Premier OUE Singapore is located at 6 Shenton Way, OUE Downtown 1.



### **About Oakwood Premier OUE Singapore**

Located in the heart of Singapore's vibrant Central Business District, Oakwood Premier OUE Singapore is a luxury serviced apartment situated within the mixed-use development OUE Downtown – the latest work-play-live destination with a fusion of residential, retail and leisure facilities.

Well connected to the city's major entertainment and cultural districts, and strategically located within walking distance to Tanjong Pagar, Raffles Place and Downtown MRT stations, guests will find Oakwood Premier OUE Singapore an ideal base from which to explore the city, with convenient access to offices, retail options, attractions, and a comprehensive range of dining establishments.

Comprising a total of 268 luxuriously furnished units, Oakwood Premier OUE Singapore offers a mix of studio, one- and two-bedroom apartments. Elegantly designed with urban and nature-inspired elements, the property provides sophisticated travelers with an exclusive residence tailored with all the luxuries of a hotel; complete with a range of premium facilities and amenities including the 74-seater Se7enth restaurant with in-room dining options, The Oakwood Executive Club, a contemporary lobby bar, an outdoor infinity pool and jacuzzi, high-speed internet connectivity, a round-the-clock fitness center, Boardroom with meeting facilities, a residents' lounge, and an outdoor barbeque.

For more information on Oakwood Premier OUE Singapore, please visit [OakwoodAsia.com/Singapore-CBD](http://OakwoodAsia.com/Singapore-CBD)

### **About Oakwood Worldwide®**

Oakwood Worldwide®, a wholly owned subsidiary of Mapletree Investments, is the premier provider of furnished and serviced apartment solutions through its well-known brands, Oakwood®, ExecuStay® and Insurance Housing Solutions™. With a presence in all 50 United States and more than 95 countries, the award-winning company provides move-in-ready furnished accommodations to meet the needs of global organizations, individual business travelers, insurance clients and leisure travelers alike. Oakwood Worldwide was founded in and continues to base its corporate headquarters in Los Angeles and operates regional headquarters in London, Phoenix and Singapore. For more information, please visit [OakwoodWorldwide.com](http://OakwoodWorldwide.com).

In Asia Pacific, Oakwood operates an award-winning portfolio of 35 Oakwood-branded properties in 19 cities across 10 countries in Asia, with ongoing developments in strategic locations across the region, offering five products: Oakwood Premier, Oakwood Apartments, Oakwood Residence, Oakwood Studios, and Oakwood Suites, each designed for a different lifestyle. For more information about Oakwood's presence in Asia Pacific and the branded-property portfolio and locations, please visit [oakwoodasia.com](http://oakwoodasia.com).

###